## 'CASCARETS" ACT ON LIVER; BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box.

Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway every few days with Salts, Cathartic Pills, Castor Oll or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons

A Cascaret to-night will make you feel great by morning. They work while you sleep-never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never bave Headache, Billousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

Wanted More Help.

"To guide a key to a keyhole in the dark there has been patented a Vshaped strip of metal to be fastened to a door with the point surrounding the hole," said the studious man.

"That's all right so far as it goes," replied the convivial one; "but who's to be on hand to find the key for

OVERWORK and KIDNEY TROUBLE

Mr. James McDaniel, Oakley, Ky., writes: "I overworked and strained myself, which brought on Kidney and Bladder Disease. My symptoms were

Backache and burning in the stem of the Bladder, which was sore and had a constant hurting all the timebroken sleep, tired feeling, nervousness, puffed and swollen eyes, shortness of breath and J. McDaniel. Rheumatic pains. I suf-

fered ten months. I was treated by a physician, but found no relief until I started to use Dodd's Kidney Pills, I now feel that I am permanently cured by the use of Dodd's Kidney Pills,"

Dodd's Kidney Pills, 50c. per box at your dealer or Dodd's Medicine Co. Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free.-Adv

His Turn Next

Diner-See here, where are those oysters I ordered on the half shell? Waiter-Don't get Impatient, sah. We're dreffle short on shells; but you're next, sah .- Boston Evening Transcript.

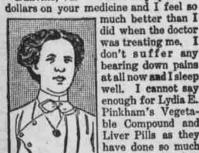
Have Healthy, Strong, Beautiful Eyes
Oculists and Physicians used Murine Eye
Remedy many years before it was offered as a
Domestic Eye Medicine. Murine is Still Compounded by Our Physicians and guaranteed
by them as a Reliable Relief for Eyes that Need
Care. To this years Eyes and in Babe's Eyes. Care, Try it in your Eyes and in Baby's Eyes—No Smarting—Just Eye Comfort. Buy Murine of your Druggist—accept no Substitute, and if interested write for Book of the Eye Free.
MURINE EYE REMEDY CO., CHICAGO

The best manicure acid is made from a tablespoonful of lemon juice to a cupful of hot water.

# FOR THIS WOMAN

The Price She Paid for Lydia E.Pinkham's Vegetable Compound Which Brought Good Health.

Danville, Va.—"I have only spent ten dollars on your medicine and I feel so nuch better than I



was treating me. I don't suffer any bearing down pains at all now and I sleep well. I cannot say enough for Lydia E. Pinkham's Vegetable Compound and Liver Pills as they have done so much for me. I am enjoy-

ing good health now and owe it all to your remedies. I take pleasure in telling my friends and neighbors about them."-Mrs. MATTIE HALEY, 501 Colquhone Street, Danville, Va.

No woman suffering from any form of female troubles should lose hope un-til she has given Lydia E. Pinkham's Vegetable Compound a fair trial.

This famous remedy, the medicinal Ingredients of which are derived from native roots and herbs, has for forty years proved to be a most valua-ble tonic and invigorator of the fe-male organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegeta-

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a weman and held in strict confidence.

#### DARDANELLES' FORTS BATTERED BY ALLIES' WARSHIPS



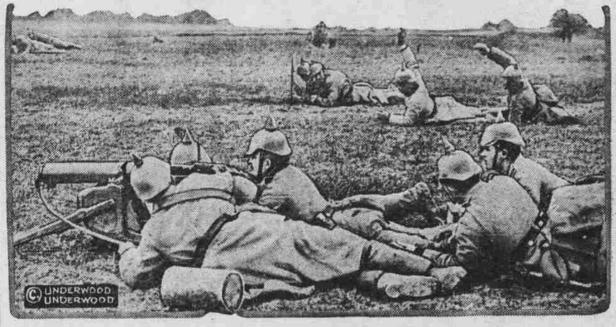
Above-Forts on the European side of the Bosporus. Below-Part of an ancient fort guarding Constantinople In the distance may be seen several Turkish warships.

#### BASE OF KITCHENER'S NEW ARMY IN FRANCE



General view of the military base at Etaples-Pas-de-Calais, in northern France, recently occupied by 350,000 members of Kitchener's new army.

#### MACHINE GUN MEN CREEP INTO POSITION



This picture, an actual scene on the western battle line, shows a German light artillery and machine gun detachment moving closer and closer to the enemy's lines in an effort to gain a position from which the allies' trenches can be swept with gunfire preparatory to a charge. So effective is the fire of these light machine guns that the few men seen in the picture could withstand an entire regiment if the latter charged them across as

#### ON THE LOOK-OUT FOR GERMANS



Belgian outposts on the seacoast north of Boulogne

#### INVENTOR OF FAMOUS GUN



Gen. Saint Claire Deville, inventor of the famous French 75-millimeter

A back rest for motorcyclists, to be fastened around the waist from the handle bars of a machine, is an Eng-

#### STILL IT WASN'T SETTLED TOO MUCH FOR TENDERFOOT

Ordinary Mortals May Continue to Pronounce Name of French City as They Desire.

"Wasn't it fearful about the Reems cathedral?"

"Don't say Reems; it sounds horribly ignorant."

"Well, how do you pronounce it?"

"Why, Harnss." "Hn-Hranhas! Just as if you were

clearing your throat. See? Hranss!" "Well, you sound as if you had a dreadful influenza, threatened with grippe!"

Well, that's right, anyhow. H-hn -hnh-hrahnhss!"

"You'd better go to Arizona! You'll never get well here! I don't believe you, anyway. Everybody says Reems." "They don't, either!"

"They do so!" "Oh, well, it depends on the sort of

people you associate with-" "Well, I don't go with a lot of fake highbrows, anxious to show off the French they learned in a course of lessons by mail-"

"Better than a lot of country junks who don't know how to pronounce-"Oh, well, the church wasn't hurt

much, anyhow." "No, they say it can be repaired. How do you like my hat?"

"Heavenly! What do you think of mine?" "Adorable! Let's go in and have

"Let's."-Carolyn Wells in The Woman's Home Companion.

#### A Selfish Idea.

"There goes an trascible old gentleman who is a noted woman hater, yet he's in favor of votes for women." "Well! Well That's a compliment

to the persuasive powers of the fair "I don't know whether it is or not.

He says he'd give them anything to keep them quiet."

Feminine Charity. The Man-I understand that Miss Angalar comes of a very old family. The Maid-Well, she certainly looks

Discovery That Western Life Was Not What He Had Anticipated Proved Fatal.

"Tough luck about the last tenderfoot that struck town," said Chuck-

wagon Cal. "What happened to him?"

"Well, you know he come out here in fear and tremblin', thinkin' some cowpuncher here in Cactus Center was sure goin' to shoot at his feet and make him dance." "Yes."

"And likewise he was sure somebody was goin' to git him on the hurricane deck of a pitchin' hoss and bust his neck." "Uh-huh."

"And he was dead sartin that the fust time he stepped out on the street some frolicsome blade was goin' to rope him and drag him half a block

jest for fun." "Of course." "Well, none of them things happened, and we buried him today-just nachelly killed by the shock of dis-

#### The Zealous Youth.

app'intment."-Judge.

The Employer-If my wife calls up say that I have just gone out.

The Office Boy—Yes, sir, I'll say it

every time she calls up. The Employer-You mustn't do that. My wife would have a poor opinion of your truthfulness.

The Boy-Yes, sir; she has it now. The Employer — What do you

mean? The Boy-Why, she called up this morning and asked me if I was the new boy. An' I said, "Yes, ma'am." And she said it was no place for a truthful boy. She said you had no use for a truthful boy. Then she said, "Did you ever tell a lie?" And

I said, "No, ma'am." "And what did she say?" "She said, 'You'll do!' "-Cleveland Plain Dealer.

Nature balances things by marrying a fussy woman to a quarrelsome man.

Love makes the world go round, but revenge tries to square it.



### Why Try to Fool Your Stomach?

Some folks have an idea that if they eat big meals, their brains and bodies will be strong.

Strength and energy don't come from gorging the stomach, but depend upon eating the right kind of food.

For nourishment of brain and body, Nature abundantly supplies in her field grains the elements needed.

The famous wheat and barley food

# Grape-Nuts

contains in splendid proportion all the nutriment of the grains, retaining the mineral salts-phosphate of potash, etc., stored under their outer coat, and which are especially necessary for keeping brain, nerves and muscle in working trim.

Grape-Nuts food is in the form of crisp, nut-like granules-delicious with cream or good milk-easy to digest-economical-

The perfect food for sound nourishment!

### "There's a Reason"

-sold by Grocers everywhere.